

Spring/Summer Semester Fitness Intern (Los Angeles, CA)

POSITION INFORMATION

Employer	
Division	N/A
Posting Expiration Date	December 24, 2025
Position Type	Internship
Job Function	Animal Care & Veterinary, Healthcare, Medical, & Wellness Services
Position Title	Spring/Summer Semester Fitness Intern (Los Angeles, CA)
Set Salary Amount	0
Hourly Rate	0.00
Tipped Rate	0.00
Monetary Stipend Amount	0
Location	Los Angeles, California United States
How many candidates do you expect to hire for this position?	0

Description

We have exciting opportunities for students wishing to complete their University internship requirement at a Corporate, Community or Hospital based facility. strives to make the intern experience unique and rewarding and to provide the opportunity to obtain focused experience in your chosen career field. An internship with provides students with exposure and/or experience in many fitness and health related areas.

About the role



Passion. Wellbeing. Fitness. Teamwork. If you are looking for the ultimate internship experience at a corporate fitness center, this role is for YOU! We have an exciting opportunity for students wishing to gain experience and complete their internship requirement at our client site in Los Angeles, CA.

An internship with [REDACTED] provides students with exposure and/or experience in many, or all, of the following areas:

- Provide supervision and fitness/wellness guidance for members of the facility.

- Assist in compiling participation data and the completion of necessary reports.

- Perform fitness evaluations for fitness program participants and personal training clients. Summarize and interpret fitness test data and prescribe cardiovascular and strength exercise programs for healthy individuals.

- Develop and/or implement at least one special program/event.
- Job shadow a Personal Trainer and train a client while supervised.

- Demonstrate ability to teach a minimum of one group exercise class format through team teaching.

- Contribute to the marketing of all fitness and wellness programs and services through website promotions, newsletter articles, table events, social media, etc.

- Assist in the coordination of client site special events programming related to health and wellness.

- Instruct special fitness programs as needed.
- Assist fitness/wellness staff with general day-to-day duties of the office.
- Attend all regularly scheduled office hours and meetings.
- Other duties as needed/assigned.

Minimum Requirements

- Junior or Senior level Bachelor's or Master's level student working towards a degree in Physical Education, Exercise Physiology, Kinesiology, Recreation, Health Education, Health Promotion or related field from an accredited college or university.

- Current CPR, First Aid and AED certification from American Heart Association or American Red Cross required (or will be required by start date of internship).

- Personal Training or Group Exercise certification from ACE, ACSM, AFAA, NSCA or NASM a plus.

- Communication skills to instruct and interact effectively with a diverse group of individuals.

- Applicants must meet hiring requirements including but not limited to pre-employment drug test.

Part-time or Full-time fitness internships in Los Angeles.

Brand: [REDACTED]

[REDACTED] is committed to leveraging the talent of a diverse workforce to create great opportunities for our people and our business.? We are an equal opportunity employer, including disability and protected veteran status.

Minimum Academic
Credit Hours Completed 0

Resume Receipt Method other

How to Apply <https://de.jobsyn.org/d9a4d06a951d4bab9959b408e7638d7c5082>

Remote/On-Site On-site

▼ IMPORTANT DATES

Posted On:

Dec 03, 2025